

THE CAFE



lunch served weekdays 11:00 a.m. - 2:00 p.m.

SPECIALTY SANDWICHES

No. 1 prosciutto, sun-dried tomato tapenade, and fresh mozzarella · 7.99

No. 2 Black Forest ham, brie, and honey mustard · 7.99

No. 3 smoked turkey, Havarti, and honey mustard · 7.99

No. 4 prosciutto, mascarpone, arugula, fig spread, and balsamic reduction · 7.99

No. 5 ham, Genoa salami, provolone, lettuce, tomato, roasted red peppers, and a red wine vinaigrette · 7.99

No. 6 Grilled Vegetable Panini squash, zucchini, bell peppers, onions, and your choice of cheese · 7.99

GLUTEN FREE OPTIONS AVAILABLE UPON REQUEST

SANDWICHES + THE GRILL

Extras: double the meat · 2.50 + cheese 0.75 + veggies 0.75

Italian Sub hard salami, pepperoni, pepper jack cheese, lettuce, tomato, banana peppers, Vidalia onion, and Italian vinaigrette on a ciabatta roll · 7.99

The Roma fresh mozzarella, lettuce, tomato, basil pesto, and olive oil on a ciabatta roll 7.99

American Sub turkey, ham, onion, American cheese, lettuce, and tomato on a ciabatta roll · 7.99

BLT bacon, lettuce, tomato, and mayo on a ciabatta roll 7.99

Build Your Own lettuce and tomato with your choice of meat, cheese, and bread · 7.99

Grilled Cheese your choice of cheese and bread · 4.49

Steak and Cheese 7.99

Burger your choice of beef or Beyond Burger patty · 5.99

Grilled Chicken Sandwich grilled chicken breast, lettuce, and tomato on a bun · 5.99

Hot Dog quarter-pound beef hot dog served on a bun · 2.99
+ mustard, onion, and chili · 4.99
+ cheese · 0.50

Chicken Tenders and Fries 7.99

Fried Shrimp and Fries 8.99

Fish and Chips 8.99

Side of Fries or Onion Rings 3.25

HOT BAR SPECIALS

Tue, Wed, and Thurs · 7.99/lb

SUSHI

Made fresh daily · priced as marked

SALAD BAR made fresh daily · 7.99/lb

SOUP available daily · 12oz · 4.50

PREMADE SANDWICHES, WRAPS, SALADS, AND DESSERTS made fresh daily

GRAB + GO

breakfast served weekdays 8:00 a.m. - 10:00 a.m.

BREAKFAST

Breakfast Plate two eggs, any style, served with toast, hash rounds, and choice of bacon, sausage, or ham · 6.99

Breakfast Sandwich egg and cheese on a croissant, bagel, or toast · 4.49

+ bacon, sausage, or ham · 1.25

Biscuit with egg, meat, and cheese · 3.99

Sausage Biscuit 2.49

3 Egg Omelet with your choice of veggies, cheese, and meat · 6.99

+ cheese 0.75

+ veggies 0.75

+ bacon or sausage 1.25

+ additional egg 1.00

Hash Rounds 3.25

Sausage options: pork, turkey, or veggie

BEVERAGES

Assorted Bottled Drinks
Bottled Water · Coffee

IN A HURRY?

Call ahead to place orders to-go (434) 328-2103



**Foods of All Nations Cafe
at North Fork**

Open weekdays 8:00 a.m. - 3:00 p.m.

Town Center Three (inside The Hub)
995 Research Park Blvd., 2nd floor, Charlottesville, VA 22911

foodsofallnations.com

**FIND ESPRESSO, SMOOTHIES,
SNACKS, AND MORE AT**

— NAVBAR —

**ACROSS THE STREET
IN TOWN CENTER FOUR**



NAVBAR

COFFEE, ETC.

	<u>12 oz</u>	<u>16 oz</u>		<u>single</u>	<u>double</u>	<u>triple</u>
Latté	3.60	4.10	Espresso	2.35	2.60	2.85
Mocha	4.15	4.70	Macchiato	2.30	2.50	2.85
Americano	2.85	3.10			<u>16 oz</u>	
Cappuccino	3.60	4.10	Iced Latté		4.10	
Chai Latte	3.60	4.10	Iced Mocha		4.55	
Hot Tea	1.85	2.85	Iced Americano		3.10	
Hot Cocoa	2.75	3.25	Cold Brew		3.25	
			Iced Chai Latte		4.10	

Extra Shot · Almond Milk · Oatmilk · Half and Half · Flavor Shot + 0.60

SMOOTHIES

Recipes developed by Success Studio North make these the perfect pre or post-workout treat · 16oz · 7.99

JUMP START

Banana, cold brew, cacao powder, cinnamon, vanilla plant-based protein powder, and almond milk

LEAN GREEN

Banana, light coconut milk, vanilla plant-based protein powder, and spinach

BILL'S BURN IT

Blueberry, banana, cinnamon, almond butter, vanilla plant-based protein powder, and almond milk

TROPICOOOL DOWN

Mango, pineapple, coconut water, vanilla plant-based protein powder, and spinach

STRAWBERRY STRENGTH

Strawberry, banana, almond butter, blue majik or vanilla plant-based protein powder, and almond milk

GRAB + GO

SNACKS, SWEETS, AND SPECIALTY DRINKS

price as marked

LOOKING FOR MORE?

Visit our full service cafe across the street in Town Center Three

Open weekdays 8:00 a.m. - 3:30 p.m.

North Fork · Town Center Four
994 Research Park Blvd., Charlottesville, VA 22911

foodsofallnations.com

